

## **Dr Amantha Imber**

### **SHORT BIO/INTRO**

Dr Amantha Imber is an organisational psychologist and founder of behaviour change consultancy Inventium. Amantha is also the co-creator of the *Australian Financial Review's* Most Innovative Companies list and the *AFR BOSS* Best Places to Work list and has worked with companies such as Google, Apple, Disney, LEGO, and Atlassian.

In 2019, Amantha was named as one of the Australian Financial Review's 100 Women of Influence. In 2021, she won the Thinkers50 Innovation Award (described by the Financial Times as the 'Oscars for Management Thinking').

Amantha is also the host of the number one ranking business podcast How I Work, which has had over 5 million downloads. Amantha's thoughts have appeared in *Harvard Business Review*, *Forbes*, *Entrepreneur* and *Fast Company* and she is the author of three bestselling books, including international bestseller *Time Wise*. Her latest book *The Health Habit* is out now.

### **LONG BIO/INTRO**

Dr Amantha Imber is an organisational psychologist and founder of behaviour change consultancy Inventium. Amantha is also the co-creator of the *Australian Financial Review's* Most Innovative Companies list and the *AFR BOSS* Best Places to Work list. Amantha has helped companies such as Google, Apple, Disney, LEGO, Atlassian, Commonwealth Bank and many others reinvent the way they approach their work.

In 2019, Amantha was named as one of the Australian Financial Review's 100 Women of Influence. In 2021, she won the Thinkers50 Innovation Award (described by the Financial Times as the 'Oscars for Management Thinking'), which recognises the thinker who has contributed the most to the understanding of innovation globally over the last two years. Amantha was the first Australian to win this award.

Amantha is also the host of the number one ranking business podcast How I Work, which has had over 5 million downloads, where she interviews some of the world's most successful people about their habits, strategies, and rituals.

Amantha is also the host of the number one ranking business podcast How I Work, which has had over 5 million downloads. Amantha's thoughts have appeared in *Harvard Business Review*, *Forbes*, *Entrepreneur* and *Fast Company* and she is the author of three bestselling books, including international bestseller *Time Wise*. Her latest book *The Health Habit* is out now.